

# PILATES WITH NAAMA

## GDPR

### The General Data Protection Regulation

<https://ico.org.uk/for-organisations/guide-to-the-general-data-protection-regulation-gdpr/>

In line with the new GDPR provisions effective from 25th May 2018, superseding the UK Data Protection Act 1998 (DPA), all clients will be asked to provide consent for their data (digital or otherwise) to be held on file by me and for their consent to use all modes of communication; e.g. Email, Telephone, Mobile/SMS, Social Media and Post.

The information I hold about you has been obtained through the initial registration form you have completed when you first joined my classes. This information is kept in paper format and on my computer. The information includes your name, address, contact details and any health issues I should be aware of. This basic information will be reviewed each year. If you no longer attend my classes your information in paper format will be destroyed and I will no longer send you updates about my classes. Your contact details will be used to communicate with you with regards to any changes to my current classes, venues, future classes, workshops and other events I may hold. I may contact you via email, text or via social media. Your information is kept on my home computer and has a backup on a separate hard disc. In the unlikely event that my computer will be stolen I will inform you about that immediately and will inform the dedicated authorities within 72 hours.

In giving me consent you are also consenting to have access to your data in order to provide you with information about future classes, courses, workshops and other events. You may, however, withdraw your consent at any time. As per the professional codes of conduct, your information will always be kept confidential, and will not be forwarded to any 3rd parties, except where I will be legally obliged to do so (i.e. by the HMRC or court-ordered notice) or where your consent has explicitly been provided. If any such communication is required, specific written consent will be sought and must be provided in order for me to proceed.

Kindly print your name and sign here to provide your informed consent:

- ☐ I have read and agreed to the information presented above.
- ☐ I provide my consent and understand that I may withdraw this at any time.

NAME: .....

DATE: .....

SIGNATURE: .....